

Trini Tidings 2016



Fall

Trinity United Church
15 Tupper Street South
Portage la Prairie, MB
R1N 1W7

Phone: 204-857-4471
 Fax: 204-857-4859
 e-mail: trinityu@mts.net
 Website:
trinityunitedportage.ca

Trinity Mission Goal:
 "Open our hearts and minds
 to welcome each person
 as a child of God."

Northern Supply - When you
 are
 cleaning
 out your
 closets,
 please
 remember
 the UCW



Northern Supply Program.
 They particularly need baby
 clothes, children's clothing,
 large-size clothing, blankets,
 etc., but please no dresses,
 purses, boots, shoes or belts.
 You can drop your items off at
 Trinity **by September 30**,
 marked as "For the North", and
 the UCW will send them to
 where they are needed!

COMING UP IN SUNDAY WORSHIP at TRINITY

*Sunday Services and
 Sunday School at 10:30 a.m.*

September 18, 2016

Wisdom in Creation:
 Reclaiming
 Sunday School Resumes

September 25, 2016

Wisdom in Creating:
 Dwelling

October 2, 2016

World Communion Sunday
 Sacrament of Communion

October 9, 2016

Thanksgiving Sunday

October 16, 2016

Let's Talk Money:
 Money Matters

October 23, 2016

Let's Talk Money:
 How Do We Decide
 How to Spend It?

October 30, 2016

Wrestling with God
 Sacrament of Baptism

November 6, 2016

All Saints Sunday
 In Memoriam
 Sacrament of Communion

November 13, 2016

Let's Talk Money:
 Why Does the Church
 Need Some?

November 20, 2016

Let's Talk Money:
 Giving and the Heart

UCW

Fall Tea & Bazaar

Saturday, November 19
 2:00 p.m. – 3:30 p.m.

Donations of baking, crafts,
 sweets, jellies,
 knitting, etc.
 will be gratefully
 received.



*Everyone is
 welcome!*



Special Events Calendar

UCW – Unit C

**Produce, Preserves & Pastry
 Sale**

Sunday, September 18
 following worship

UCW Rally at Neepawa United

Thursday, October 6
 10:00 a.m. – 3:00 p.m.

Breakfast at Trinity

Saturday, October 15
 8:30 – 10:00 a.m.

Soup, Buns & Pie Lunch

Sunday, October 30
 following worship

Breakfast at Trinity

Saturday, November 12
 8:30 – 10:00 a.m.

UCW Fall Tea & Bazaar

Saturday, November 19
 2:00 p.m. – 3:30 p.m.

Confirmation Parents' Meeting

Sunday, November 20
 following worship

Announcing our Redone Website

We have been hard at work
 over the summer updating our
 website. Please check it out at
trinityunitedportage.ca The
 revitalized website has a
 calendar of events, worship
 schedule, frequently asked



questions,
 photo-gallery
 and more. We
 plan for it to be
 a key source of
 information for
 newcomers and
 congregation members alike.
 Please bookmark it and consult
 it often for the latest about what
 is happening at Trinity.

Campbell Soup Labels -

Trinity will no longer be
 collecting soup labels.
 Campbell's has decided to
 discontinue their Labels
 for Education program.



Coming this Fall - Pictorial Directory for Trinity United Church



Our last pictorial directory was done in 2010. As you can imagine, a few things have

changed since then. A baby born in 2010 is now 6 years old!

A church photo-directory is much more useful and fun if everyone is in it. Plan to participate. Every household who has their photo taken will receive a photo-directory.

Book on line for a date and time to get your picture taken @ <https://trinityunitedchurchdirectory.acuityscheduling.com> (or follow the link at our website trinityunitedportage.ca)

It is super-easy...go to the dates in bold, click on the time you want and go from there...then you fill in your information, answer a few questions and save!

If you don't have the internet, call (204-857-4471) or drop by the church office during office hours (9-12 and 1-4) and we will get you signed up.

Pictures will be scheduled on Oct 19, 20, 22, 24, 25 and Nov 2, 3, 5, 7, 8.

Appointments will take place in the meeting room located in the lower hall at Trinity United Church. Please arrive 10-15 minutes ahead of time. Photos will be available to view immediately following your

appointment. Photo packages can be purchased at that time and will be available before Christmas including options for Christmas cards.

We are thrilled that Trinity's own Tanis and Mike Essery will be doing our photo-directory this time. For more information or assistance contact Tanis Essery at 204-239-4722; 204-239-4722 or email admin@firstclassphotography.net. You can view some of their work at <http://www.firstclassphotography.net>. You can also contact the church office 204-857-4471 or contact Paula McKenzie at 204-872-0533 or Heather Graham at 204-857-4299 if you have questions.

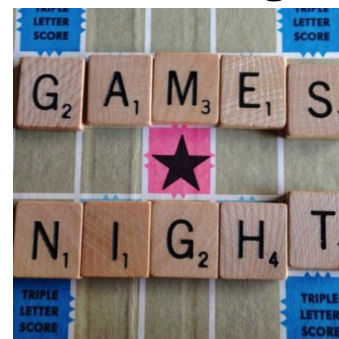
Help Wanted



Trinity has three groups of ladies who cater events such as funerals, teas and birthday parties. We are finding that we are often short of workers and are hoping that there are women and men in the congregation that would be willing to add their names to our list of workers and bakers. Please call or email the church office and leave your name and phone number. If your name is on a list and you are unable to help any longer, please contact the office and ask that your name be removed. We like to keep our list current and active so our phoners can do their job efficiently. The phoners also ask anyone they call to please return the call with an answer.

Thank you to the many men and women who already do so much. Your help is much appreciated.

Games Night



Games Night will commence on September 26 at 7 p.m. It is normally held on the fourth Monday of the month, except for our Christmas Party in December, and our windup in June. The evening consists of table games and bingo, followed by lunch.

Volunteers help with the games and participate as well. They also help with serving lunch and cleanup. Lunch is prepared at 6 p.m. prior to the games and consists of making juice, coffee and tea, and putting spreads on raisin bread.

Volunteers would be welcome even if they cannot commit to a regular time or if they would like to just prepare lunch. At Christmas and our windup, we require extra folks to help out. I'm sure most folk would enjoy the evening if they came. To volunteer, please call Joyce Bergson at 204-857-6133 or Ferne Green at 204-857-3671.

Hospital Visiting

Because of the Personal Health Information Act, it is so important to have someone contact the church office (204-857-4471)

and request a hospital visit. Your ministers will not know that you are in hospital unless you find ways to tell us.



All women of the congregation are most welcome to



attend the UCW Fall Rally on Thursday, October 6 in Neepawa, MB. Jan McIntyre will be the speaker. The topic is "Israel & Palestine". We will car pool; meet in the church parking lot at 8:30 a.m. Lunch is \$10. Bring your own name tag. Please notify Barbara Bradley at 204-857-8028 by September 26 if you plan on attending, and also to report any food allergies. See you there!

Trinity's Memorial Fund



*To live in this world
you must be able to do three
things:*

*to love what is mortal;
to hold it*

*against your bones knowing
your own life depends on it;*

*and, when the time comes to let it
go,
to let it go.*

*- Mary Oliver, "In Blackwater
Woods"*

In this season of Fall, we remember the rhythm of loving and letting go as we watch the leaves we so enthusiastically greeted as new buds of life a few short months ago change colour and fall to the ground to become fertilizer for next season's growth. So too it is with life and death. It too often seems like we are just beginning to learn how to love one another well when the time comes to say goodbye and learn the painful art of letting go.

One way in which we can continue to honour the love we have shared and allow it to become fertilizer for new growth is through gifts to the Memorial Fund. Trinity's Memorial Fund is used for worship and Christian education purposes to support the on-going life and vitality of our congregation.

We give thanks for the life and love of the following persons in whose memory we have received Memorial Fund donations since May 2016:

Aileen Young

Amy Thomas

Bert Bazin

Wilton Brown

Glenn Arnott

Frank Miazga

Bunnie Muhly

Donna Lewis

Doug Barber

Eileen Greenslade

UPDATE 2016

Trinity Funerals since
the May 2016 TriniTidings

Funerals

Gayle Sharon Finlayson

July 9, 2016

Michael John Joseph Tickle

July 18, 2016

Wilton Brown

July 22, 2016

Kerri Dawn McKenzie

July 23, 2016

Glenn Alexander Arnott

July 25, 2016

Allan Preston

August 17, 2016

Edythe Blanch Preston

August 17, 2016

Marguerite Matilda Muhly

(Bunnie)

August 20, 2016

Ruth Anne Slate

August 23, 2016

Douglas Neil Barber (Doug)

August 29, 2016

Eileen Evelyn Greenslade

September 13, 2016

Staff Changes Over The Summer

Caretaking - In June, our caretaker Bill went on medical leave. Many thanks to all those who have helped to cover our caretaking needs over the summer. We are pleased to welcome Don Morrison for three months starting late August as our relief caretaker. Don is working Monday through Friday from 9 to noon. If you



see him around the building, please introduce yourself.

Beth's schedule - This Fall, Beth is trying something new. She will be working Wednesday through Sunday and taking Mondays and Tuesdays off. This means that she won't be checking email or otherwise dealing with work stuff on Mondays or Tuesdays except in emergencies. However, it also means that there will often be someone at the church on Saturdays and Sunday afternoons should you want to call or pop by about something. As always, ministry work can take us out of the building so if it is important, please call first to check that she is indeed at the church if you want to stop by.



Our next baptism Sunday will be Sunday, October 30. If you are interested in baptism,

please speak to Beth (204-857-4471 or trinitybeth@mts.net) before October 7.

Saturday Breakfast at Trinity has returned! Mark your calendars for **October 15** and **November 12**. Please join us for good food and great conversation from 8:30-10am.



How can we give to Trinity?

*Submitted by Diane Stevenson,
Stewardship Team Member*

Giving of our time, talents or treasures is what keeps our church alive and allows our church to provide services to us, our community and beyond. Without the sharing of time and talents, our church could not do what it does. These aspects of giving are extremely important, but this article is going to deal with a small part of giving, how we give our treasures, that is our money.

Who carries cash or cheques anymore??

Very few people have more than a few bills in their wallet or a cheque book in their purse or pocket. We are living in a society where most things we purchase are paid for by debit card, credit card or automatic bill payments.

On Sunday and through the church office, we still accept cash and cheques. Did you know there are other ways to make a donation to the church? You can set up an automatic payment rather than using your debit card, you can donate by e-transfer or you can donate by credit card.

An automatic payment - **PAR or Pre-authorized remittance:**

Trinity has been accepting donations this way for a significant number of years. This allows someone to set up a scheduled monthly debit from their account for a specified amount. It is easy to set up, just stop by the church office and get the form from Jacquie to fill out or fill it out with her while you are there. The payment then

comes out of your account on the 20th of each month. If you want to change the amount, you just need to call, email or stop in to see Jacquie by the 10th of any month.

E-transfer: This type of payment can be done from your device. You simply go to your online banking page, set up Trinity as a recipient and follow the prompts. You will need our email address,

trinityu@mts.net, and will need to assign a security question. Jacquie will be notified by email, and when accepting the transfer, will fill in the security answer. Of course, you will have to let Jacquie know the security answer. You can do this at any time and from anywhere that have access to your online banking.

Credit Card: The easiest way to do this is to follow the links from our homepage, www.trinityunitedportage.ca.

Simply go to donate now and you are taken the Canada Helps web page and from there you click on donate now and follow their prompts. Once again, you can do this at any time and from anywhere that have access to the internet.

Legacy Giving, Bequests, Gifts of Securities:

There are many other ways you can contribute to the ministry of the church now and at the time of your death. A life insurance policy can be set up to leave the proceeds of the insurance policy to the church. This type

of donation does not reduce the size of your estate.

A bequest in your will is simply leaving either a set amount or a percentage to the church. You can also name the church as beneficiary of a RRSP, RRIF or TFSA. A tax receipt is issued for the donation when it is received by the church which in turn can be a significant benefit to your estate. Simply, your estate will be required to pay income tax on certain assets and a charitable donation

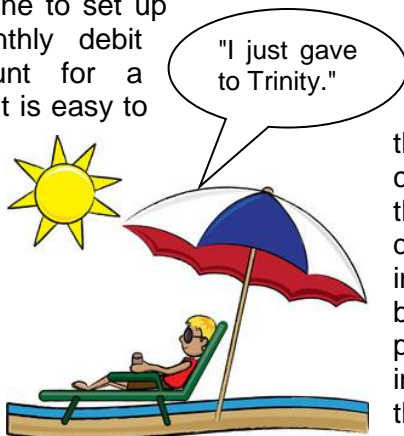
receipt will can save some of the taxes your estate is required to pay.

You can also give the church some of your stocks, mutual funds or bonds. CRA has created this

category of donations to allow someone to transfer an asset to a charity, such as a stock, and not pay capital gains tax on the increase in value. The church gives a donation receipt for the full amount of the asset and can cash in the asset without paying any taxes. Not only do you save taxes, you also receive a receipt for the full amount of the asset.

A chart showing how much your donation costs you can be found in the May, 2016, issue of Trini-Tidings, on our website.

If you want more information on these types of gifts, contact the church office or the Prairie Region Financial Development Officer, Kathryn Hofley at 204-943-4844 or khofley@united-church.ca. The website is www.united-church.ca/community-faith/get-involved/give-legacy.



Let's Talk Money

This year over 4 Sundays in October and November, our stewardship theme invites us to have open and frank reflections on the place of money in our lives.

October 16 – Stewardship 1 Let's Talk Money: Money Matters

Luke 16:11, 13b - "If, you have not been faithful in handling worldly wealth, how can you be trusted with true wealth? You cannot serve both God and money."

We often say that "the money doesn't matter" or "it's not about the money", but at the same time we know that money matters. A lot. Money is at the heart of how many decisions in our world are made, and determines much about how we live. This week we ask ourselves: how do our values affect our approach to money? How does our faith influence the place of money in our lives (how we spend it, where we keep it, whether we give it, how we earn it or ask for it, etc.)?

October 23 – Stewardship 2 Let's Talk Money: How do we decide what to spend?

Luke 16: 19-21a - "There was a rich man who was dressed in purple and fine linen and lived in luxury every day. At his gate was laid a beggar named Lazarus, covered with sores and longing to eat what fell from the rich man's table."

Yippee! A story of a rich man going to hell right in the middle of our stewardship campaign. Jesus certainly doesn't make things easy for us. In a world of great injustice where most of us are "rich" on a global scale,



what does faithful decision making about money look like? How do we care for those who like Lazarus are longing for the scraps which fall from our tables? The choices we make about our money impact both our own spiritual well-being and the health of our communities and the world.

November 13 – Stewardship 3 Let's Talk Money:

Why the church needs some
*"The Church is a place where broken people can fall in love with a beautiful God" –
Shane Claiborne*

Being the church is not about congratulating ourselves for our piety and perfection but rather reaching deep into the brokenness in our own lives and in our world and opening it up to the healing power of God. Join us as we explore how Trinity is trying to be the church in our community and in the world and why we need your money to help us do that.

A big thank you!

For the last number of years, Stephanie Verhoeven has been one of those people who has coordinated our Sunday School program behind the scenes. She is moving on to other opportunities in our church, and



we wanted to offer heartfelt appreciation for all of the time and energy she has given to the care and faith formation of our children. So thank you Stephanie! (and another thank you to Amy Chappellaz and Colleen Cochrane who will be doing some of those things behind the scenes this year!)

Are you on P.A.R.?

Have you thought about making your church donation by P.A.R. (Pre-Authorized Remittance)? Through PAR, automatic monthly withdrawals are made from your bank account. PAR is easy to set up, simply email or call Jacquie at the church office (trinityu@mts.net or 204-857-4471) or come in some day during office hours (9-12 or 1-4), and she will walk you through the process. If you are already on PAR, don't forget that you can increase or decrease your PAR donation by calling the office any time.



Financial Update 2016

May - August

Goal - \$50,951

Given - \$50,898



Thank you!

Giving Goals

September - October

\$31,392

Let's keep it up!

Soup's on!

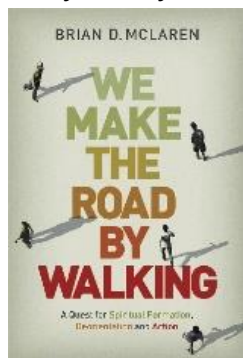
House Group B invites you to join us and enjoy soup, buns & pie lunch following worship on October 30. Cost will be by donation. All are welcome!



We Make the Road By Walking

Bible Study

*Fridays from 10:30 a.m. to noon
starting November 4
Trinity Family Room*



This weekly study group will explore some of the key themes in the biblical story using Brian McLaren's book We Make the Road By Walking as our guide. Join us to consider such questions as: What does it mean to be human? How do we remain hopeful in a hurting world? Who is Jesus for us? How do we make faithful decisions? And what does it mean to seek justice? Each week will have a short reading (usually 3 to 5 pages) from the book as well as 2 or 3 scripture passages to read in preparation. If you cannot come one week, you can read the chapter in the book to stay connected with what the group will be talking about. The book is available from Amazon and we plan to make a collective order to save on shipping. If you are interested in ordering the book through the church for \$20, please let us know at the church office (trinityu@mts.net or 204-857-4471) by Friday, October 7 at noon. The book is available as an ebook for \$13 for anyone who would prefer an electronic copy. We will also put one copy of the book on reserve in the church library so that those who don't want to own their own copy can come in some time during the week to read the chapter for the week.

Do you like to sing?

Kids age 4-12 are welcome to join the junior choir. We'll sing at church on Sunday mornings (church is at 10:30 a.m.), and we'll have a practice the Thursday before (7 – 7:30 p.m. in the church sanctuary).



Practice cds are also available from the church office to help you learn ahead of time. Mark your calendars for these Sundays (and the Thursday before too!):

September 25

October 30

November 27

December 24

(Christmas Eve – not a Sunday)

January 22

February 26

March 19

April 23

May 14



House Group A's Mabel's Labels fundraiser is ongoing;

Trinity's fundraising page will remain open indefinitely. If at any time you have a need for labels orders can be placed at any time and the 20% commission will continue to be sent to us here at Trinity. Mabel's Labels are labels made for your everyday needs. They are dishwasher, microwave and laundry safe labels that are perfect for personalizing almost anything. Please visit campaigns.mabelslabels.com and search in the top right corner for "support a fundraiser" Trinity United Church (Portage la Prairie) to place your order and support the church at the same time!

Sermons and Worship Service Via Email

Do you miss some Sundays and still want to keep up with what is going on at Trinity? If so, the Stewardship Team is pleased to offer you a new opportunity to stay connected. Simply email the church office (trinityu@mts.net) and indicate that you would like to receive the weekly service via email and it will be sent to you each week on Monday (Tuesday when Monday is a holiday). You can either sign up to receive the email every week or email each week that you wish to receive the service. When notifying the church office, please specify whether you want THIS week's service or EVERY week's service.

These services are provided as a way for those who cannot be with us on Sunday morning to stay connected. They contain the last scripted version of the prayers and sermon but our ministers always feel free to ad lib if situations change on Sunday morning. Such changes will not be reflected in what you receive. Where possible, the ministers will attempt to provide enough information for you to find your way to the any sources quoted. However, these are not essays and will not include complete footnotes. Sometimes they know they heard the story some place but cannot remember the precise source; in which case, the citation will understandably be vague. We apologize, in advance, for the grammar and spelling mistakes. Please remember that these texts were written to be read aloud not as written documents.

Dementia – The Journey of Forgetting and Being Forgotten



Tuesday, October 25

9:00 a.m. – 4 p.m.

*Morden Access Event Centre
111 Gilmour St., Morden, MB*

\$40 Registration Fee

*for the event and includes
refreshments and access to
the evening lecture.*

Call 204-325-5355 to register.

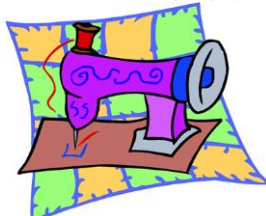
This full-day workshop on dementia explores the journey of forgetting and being forgotten. The workshop will address person-centred/relational care that focuses on the centrality of the person and the role they have in their own care, as well as diagnosis, early onset, medical interventions, and navigating the system. It will be of interest to individuals working directly in the area of dementia as well as affected families and other care providers.

Two leading professionals, Dr. John Swinton and Dr. Michael Dyck, will offer keynote presentations. Several seniors mental health and long-term care practitioners will also share their insights and wisdom.

Dr. John Swinton will also present an evening lecture beginning at 7:00 p.m. which will focus on his research of severe, persistent mental health and spirituality. Open to everyone. Check-in will begin at 6 p.m. Cost for evening: \$10

Stitch a block to help support Rock Lake Camp

The October House Group (B) would like to invite you to stitch a quilt block to help support our



United Church camp at Rock Lake. Our group effort will result in a queen-size quilt that will be donated to the camp's bi-annual quilt auction. The next auction will be held April 21, 2017 in Killarney, MB. With any luck, we will have our quilt done by then!

Pre-cut block pieces will be available after church on October 9, 2016 and at the church office after that date. Packets will contain the required materials for one block and the instructions.



Completed blocks should be returned to the church office by November 13, 2016. We will need about 90 blocks, so please consider taking a few packets—or start with one and then pick up a couple more.

If you would like more information or would like to have a packet (or two) dropped off at your home, please call Sandra at 204-857-6961.

*Make a difference –
one quilt at a time.*

Are you receiving TriniTidings?

If you know of someone who would like to receive TriniTidings, please have them call the office and we will add their name to our list. You may also contact us by e-mail – trinityu@mts.net



Confirmation

Trinity is pleased to once again be offering Confirmation Classes for youth in grades 8 and up who wish to explore their faith in safe environment. Classes will begin early in 2017 with Confirmation for those who wish taking place on Easter Sunday, April 16, 2017. If you know of someone who might be interested, please have them contact Beth (trinitybeth@mts.net or 204-857-4471) so we can find out their preferences around days of the week, etc. for the classes. An information session of parents and youth will take place after worship on Sunday, November 20. More information will be in your Advent Trini-tidings.



Another Sunday School season has begun! If you would like information about our Sunday School program, there's lots of information online at <http://trinityunitedportage.ca/sunday-school/>. Kids are welcome every Sunday or any Sunday. One of those facebook posts that has been going around describes well what we are about as we explore what it means to live in God's way: "Teach your children to sit with those sitting alone. Teach them to be kind. Teach them to offer their help. Teach them to be a friend to the lonely. Teach them to encourage others. Teach them to think about other people. Teach them to share. Teach them to look for the good. This is how they'll change the world."



Struggling with an AED

When the idea initially came to the



Leadership Team that Trinity should consider purchasing and installing an AED (Automated External Defibrillator) many of us thought it might be a good idea. However, as we began to explore the possibilities further, a number of moral and practical concerns led the Leadership Team to decide that we do not want to have an AED at Trinity.

Looking closely at the statistics provided by the Heart and Stroke Foundation of Canada, we discovered that an AED in this building would likely NEVER be used. An AED responds to a particular kind of emergency called a Sudden Cardiac Arrest where the heart stops beating. It does not

respond to many types of heart attack which are caused by blockages in an artery that supplies blood to the heart. In Canada each year, there are around 40,000 cases of Sudden Cardiac Arrest. That means that there will be an average of 14.75 cardiac arrests in Portage la Prairie about 40% of which happen in hospital so likely about 9 Cardiac Arrestsⁱ will happen in Portage la Prairie outside the hospital in any given year. Given the number of people hours in this building per year (approximately 50,000ⁱⁱ) that means that we would likely use an AED in this space four times in every thousand years or about once in every 250 yearsⁱⁱⁱ.

This fits with our own experiences here. Of all the medical emergencies we have experienced in the last 15 years for which an ambulance was called, none of them would have been an appropriate situation for the use of an AED.

However, simply placing an AED would have a number of implications for us even if it was never used. Staff and volunteers would need to be trained in its use (some of the devices recommend 4 hours of training per person). Someone would need to monitor it and ensure regular maintenance. If we had an AED someone might rush to get it in a medical emergency for which it was not the appropriate intervention. When you have a tool you want to find ways to use it even if it is not the best option for the situation. Fortunately, there are safety measures that would prevent someone being given a shock inappropriately but it might end up delaying appropriate care.

For us as a church community, the placement of an AED also raises ethical and moral considerations. What if someone does not want to be resuscitated? How would we respect their right to die with dignity and not have their shirt (and bra if it is a woman) taken off and their ribs broken in church (using an AED is a violent procedure and must be accompanied by CPR which often breaks ribs especially in the elderly)? If resuscitation was not successful (which it isn't more often than it is even in a hospital setting or with the quick use of an AED), how would their loved ones feel about their last moments in church? How would the

volunteer or staff member using the AED on behalf of Trinity feel? For us as people of faith, death is not an evil to be avoided at all costs but rather a natural end to this earthly journey that might sometime happen to someone in our church building. While that is sad, depending on the circumstances, it might not always be tragic. Good Samaritan laws protect first responders from legal consequences of ignoring Do Not Resuscitate orders. However, we as a church are also concerned about the moral and pastoral implications of resuscitating someone who does not want to be.

Having considered all this, the Leadership Team concluded that it would be a better stewardship of our staff time, volunteer time and financial resources to look at other ways of promoting health rather than to install an AED. We felt that this approach would allow us to invest our energies in places where we might make a difference to the quality of life in our community. Stay tuned for more information in the coming months about how we can live a full-bodied faith joyfully in the world.

ⁱ 40,000 cases / 35.16 million (population of Canada) * 12,966 (population of Portage la Prairie

ⁱⁱ (10 staff * 40 hours per week * 52 weeks) + (150 people average attendance * 2 hours * 52 Sunday mornings) + (100 hours of additional time per week spent by someone in the building for some reason * 52 weeks) = approximately 50 000.

ⁱⁱⁱ Total people hours in Portage la Prairie 113,582,160 = 12,966 people * 24 hours * 365. Percentage of hours spent at Trinity 50,000/113,582,160 * 100 = 0.04%. Number of cardiac arrests at Trinity per year 0.0004 * 9 = 0.0036