TriniTidings 2019



Spring Trinity United Church Portage la Prairie, MB

Phone: 204-857-4471 e-mail: trinityu@mts.net Website: www.trinityunitedportage.ca



Splash Island Thursday, July 11 7:00 - 9:00 p.m. Join us for a free evening of Swimming at Splash Island! Bring a picnic and enjoy some fellowship on a warm summer night by swimming and hanging out by the pool! This is open to all Trinity members and their friends. Please email Trinity's church office (trinityu@mts.net) by Friday, June 27 with

numbers in your party to ensure adequate life guards. You can also call in your reservation (204-857-4471). We hope you can join us.

COMING UP IN SUNDAY WORSHIP at TRINITY Sunday Services and Sunday School at 10:30 a.m.

<u>May 5, 2019</u> "The End of the Story"

"Pride Celebration Service"

<u>May 19, 2019</u> "The Courage to Change Your Mind"

<u>May 26, 2019</u> "Dreaming towards a Brighter Future"

<u>June 2, 2019</u> Sunday School Wind Up and Sundae Sunday

<u>June 9, 2019</u> That's a powerful wind! – All ages festival of Pentecost & Communion

<u>June 16, 2019</u> Guest Worship Leader – The Rev. Norman Collier

<u>June 23, 2019</u> "Let us Give Thanks to Our Creator" – Indigenous Day of Prayer

For their outreach project in June, House Group C will be collecting gently used kids' books to be donated to the La Verendrye School summer reading program. Throughout June, donations can be placed in the boxes at the back of the church until June 23.

Trinity's "why" goal…

To build an inviting community so that we can connect and engage meaningfully with God, ourselves, and others.



Trinity's Special Events Calendar

The Scott Woods Show Thursday, May 16 7:00 – 9:00 p.m.

Trinity Treasures Sale Friday, May 24, 2:30 - 7:00 p.m. Saturday, May 25, 9 a.m. - noon

> Games Night Picnic in the Park Monday, June 17 6:00 p.m.

Pool Party Splash Island Thursday July 11 7:00 - 9:00 p.m.

TRINITY TREASURES Sale XIV



May 24 & 25, 2019

Trinity will have another "Treasures Sale" in the auditorium

> Friday, May 24 2:30 p.m. – 7 p.m. Saturday, May 25 9 a.m. – 12 noon

Donations are being accepted now, but furniture and other large items will be accepted starting May 21 (note the 20th is a holiday). We will not be picking up items, and clothing will not be accepted. Direct any questions to Auna Brown at 204-857-8911.

Summer Services



Once again Trinity will be joining forces with McKenzie United and First Presbyterian churches to offer summer worship. As has been our practice, we will be worshipping together for three Sundays in each of our buildings. Our theme this year is "Spiritual Practices for Abundant Living".

Summer is a great time to pause to consider the kinds of activities and actions that cultivate spiritual development for us. This year's worship leaders will help us explore nine different ways we might use to encourage spiritual growth in our lives. This year's worship schedule is as follows:

Services at First Presbyterian (17 Royal Road South)

<u>June 30</u> "Sabbath as a Spiritual Practice" Worship Leader: John Zondag

<u>July 7</u> "Forgiveness as a Spiritual Practice" Worship Leaders: Julie Baker and Beth Kerr

<u>July 14</u> "Friendship as a Spiritual Practice" Worship Leader: Wilma Shirriff

Services at Trinity (15 Tupper Street South) <u>July 21</u> "Truth-telling as a Spiritual Practice" Worship Leader: Beth Kerr

<u>July 28</u> "Sacraments as a Spiritual Practice" Worship Leader: Marg Scott <u>August 4</u> "Learning as a Spiritual Practice" Worship Leader: John Zondag

Services at McKenzie (85 - 11th Street NW)

<u>August 11</u> "Dancing as a Spiritual Practice" Worship Leader: Marg Scott

<u>August 18</u> "Gratitude as a Spiritual Practice" Worship Leader: Julie Baker

<u>August 25</u> "Singing as a Spiritual Practice" Worship Leader: John Zondag

Trinity's Financial Update 2019 March & April Goal - \$26,308 Given - \$28,528 Thank you.



Summer Giving Goals May – August \$46,902 Please Help!

If you know of someone who would like to receive TriniTidings, please have them call the office and we will add their name to our

list. You may also contact us by e-mail – trinityu@mts.net



Are you on P.A.R.?



Have you thought about making your church donation by P.A.R. (Pre-Authorized

Remittance)? Through PAR, automatic monthly withdrawals are made from your bank account. PAR is easy to set up, simply email or call Jacquie at the church office (trinityu@mts.net or 204-857-4471) or come in some day during office hours (9-12 or 1-4), and she will walk you through the process. If you are already on PAR, don't forget that you can increase or decrease your PAR donation by contacting the office any time.

This summer our joint worship services will focus on spiritual practices for growing our faith. Here is another one: **say grace at your meals.** It is a way of taking time to thank God for the blessings that touch our lives – food and people that nurture us in body and spirit.

You can always make up your own, but here are a few prepared ones you can try: God, bless this food to our use, and us to your service, and make us ever mindful of the needs of others. Amen. For the hands joined around this table, for the hands that have laboured to grow this food, for the hands that have prepared this meal, for the hands that will eat from this plenty, for the hands that will clean up, for our hands joined with yours to reach out in service and care, we give thanks. Amen.

We love our bread, We love our butter, But most of all, we love each other. Thank

you God for everything. Amen.



Summer Vacation Schedule



After last year's renovations, it is a joy to have a much more "ordinary" schedule for our summer, so the church office will remain open throughout July and August. However, staff will be taking vacation, and volunteers will be filling in as required. So please take note of the holiday schedule in case you are looking for particular support through the summer.

- Don Morrison (caretaker) will be away July 1-14.
- Jacquie Bennet (office administrator) will be off August 12-28.
- Julie Baker (minister) will be off July 12 August 11.
- Beth Kerr (minister) will be off August 1 – 31.

For the few days at the beginning of August when both Julie and Beth are away, Margaret Scott (retired minister 204-857-4713) will be available to respond to pastoral emergencies.

This summer our joint services are focusing on Spiritual Practices. Spiritual practices are not supposed to be yet more activities to add to your busy schedule or crowded "to do" list. They need not be confined to a special place or time. They are what you do every day. They are how you wake up and come alive to the spiritual reality all around you.



If you are interested in learning more about spiritual practices for

everyday life, try https://www.spiritualityandpractice.com

Introducing Prairie to Pine Regional Council!

As many of you will know, the United Church of Canada has been undertaking some large scale structural changes. No more are we a part of Agassiz Presbytery. No more is there a Conference of Manitoba and Northwestern Ontario. In place of these two governing bodies, the church has moved to a system of regions. We are part of Region 5, now named "Prairie to Pine Region". It includes Manitoba, the parts of northwestern Ontario that are part of the Central Time Zone. as well as the Indigenous faith communities from Manitoba that were part of the former All Native Circle Conference. The inaugural meeting of Prairie to Pine Region will be held in Brandon June 13-16. Trinity's representatives will be Lesia Case, Debbie Nelson, Julie Baker and Beth Kerr. (Worship that Sunday at Trinity will be led by Norman Collier)



It is Ramadan! For our Muslim sisters and brothers, Ramadan is a very holy month when people fast from sunrise

to sunset. Each day during Ramadan, the Portage Islamic Association gathers in Trinity lower hall for prayer at sunrise and sunset, so if you happen to be out and notice people coming and going into the church at early and late hours, feel free to say hello! We are pleased to share this interfaith relationship in our community. Along with Judaism and Christianity, Islam traces their faith back to scripture stories of Abraham. Together we are "people of The Book!"

Check us out on social media



Website trinityunitedportage.ca Facebook Group "Trinity United Church Portage la Prairie" Instagram "trinityportage" Twitter "@ChurchPortage"

Neechi Wampum Camp

Have you heard of the Neechi-Wampum Camp? Kind of like a United Church version of "First Contact" for youth (without the reality show cameras!), this camp brings together equal numbers of Indigenous and non-Indigenous youth from Manitoba and Ontario for a week in July to forge new friendships, enjoy summer days together and learn about Indigenous history and cultural values. We are delighted that two of the non-indigenous participants from Manitoba are from Portage (one from Trinity and one from McKenzie). This year, the camp is being held at Five Oaks Centre in Ontario, so the costs to bring indigenous vouth from northern remote communities are significant. The church is committed to keeping costs low for participants, so donations to support the camp are greatly appreciated. All donations will be directed towards programming and will contribute to our ongoing work towards reconciliation. If you would like to offer any financial support, you can do so through the Trinity office. Please make

cheques payable to Trinity and mark them for Neechi Camp. A tax receipt is available.



Trinity's Memorial Fund



Summer is a time for weddings and family reunions which bring people together often across great distances. It is a time to remember our roots and the ties of family and friendship that connect us. It is also a time when our thoughts naturally turn to those who are no longer with us. We remember their laughter, their smiles, their stories and we know that they remain part of the roots that keep us grounded even if they are no longer present with us in the same way anymore.

At Trinity, our Memorial Fund is one of the ways that we celebrate those who have blessed our community with their life and work, their laughter and their stories. It helps us to remember that the church's family reunion is never limited to those who are in the room with us but always includes the community of the faithful throughout time and space.

We rejoice in the life and witness of the following members of our church family in whose memory memorial donations have been received since March 2019. *George Ryder Irene Quigley*

UPDATE 2019

Trinity Funerals since the March 2019 TriniTidings

Funerals Eva Onischuk

March 27, 2019 Lucille Rose Murray

April 5, 2019

Gerald Benjamin Murkin May 1, 2019

Adding a splash of colour to our worship

At Trinity we are fortunate to have volunteers who add colour to our worship space through décor, displays and banners. However, one way that we can also add colour



also add colour is through the clothing we wear. As most regular attenders at Trinity know, there is no particular dress code for worship. You are welcome to "come as you are", and while on any given Sunday you might see people in suits and dresses, others are dressed much more informally in jeans or shorts. But if you'd like a suggestion for what to wear, we have a couple of days coming up when you might like to help us add colour to our worship by wearing something of a particular colour!

Sunday, May 12 - We are celebrating the diversity of God's creation in the community "Pride" service. So feel free to wear bright colours, or things with a rainbow theme.

Sunday, June 9 - The Christian church usually celebrates Pentecost with the colour red. If you have any red in your wardrobe, feel free to wear it that day!

What does reconciliation mean to you?



For those involved with the ribbon skirt project it means building meaningful connection. The lofty goal of making 500 skirts for the National Elder's gathering later this summer is well underway. Any sew-ers interested in helping out are most welcome to join in on the fun, Tuesday evenings at Trinity at 6:30 pm. If you have a sewing machine, bring it along. If you prefer to sew at home, pop in, have a visit and pick up some material and ribbons to use at home.

Summer Worship: Volunteers Needed



Since we do not have a house group for the summer, we could use your help to host the other churches on **July 21, 28 and August 4** when we are back at Trinity. If you can help with hosting, ushering, sound or coffee, please call 204-857-4471) or email the church office (trinityu@mts.net).

A note of appreciation, etc.

The church is its people. This is a big note of thanks to all of you who contribute to the ministry of

Trinity United Church in this community and beyond.

Thank you to those who offer programs with us - Games Night volunteers.



very much

Sunday School teachers, etc.

Thank you to the kitchen helpers - all of the catering group volunteers who pull together a funeral reception, and the Saturday breakfast crews, and everyone who hosts coffee after worship, etc.

Thank you to those who offer their leadership to Sunday morning worship - scripture readers, communion servers, a/v operators, ushers, door hosts, candle lighters, actors, photographers, singers, percussionists, musicians, dancers, people who set up or clean up communion, banner makers and sanctuary decorators, etc.



Thank you to those who look after our historic building – who fix things, clean things, move things, plant and tend things in the yard, etc.

Thank you to the leaders and organizers - the leadership team, the house group leaders,

structure support team, trustees, M & P committee members. the UCW and catering group leaders, interest group and team leaders, etc.

Thank you to those who care for people -

grief team coordinators and visitors, prayer ministry volunteers, Christmas flower deliverers, hospital and caring friend visitors, those who include others in their prayers, etc.

Thank you to those who share resources – donating money, or food for the food bank. or stuff for the garage sale, or books for the library, or time at the soup kitchen, or fabric or sewing talent for ribbon skirts, etc.

Thank you to those who help with administrative tasks like putting together TriniTidings,or taking minutes, or helping in the office, or counting offering, or submitting material to newsletters, or making phone calls to recruit volunteers and helpers, etc.

Thank you to those who do things beyond our church walls - who deliver



TriniTidings, who give people rides to church - who put up posters, etc.

And thank you to those who take our ministry out into the world by giving their time and talent to our wider community, etc.

The church is its people, thanks to you.

This summer our joint worship services will focus on spiritual practices for growing our faith. Here is another one: practice giving.

Giving can be much more than money, although financial giving is a valuable spiritual practice. Every time you interact with someone, you have the opportunity to give some kind of value to that person. Whether it is a thing, a thought, a gesture, or a kind word... the most powerful gifts are those that come directly from the heart. "I have found that among its other benefits, giving liberates the soul

– Maya Angelou

of the giver."

FOCUS -Plans for Spring Seeding 2019

Our local project for the Canadian Food Grains Bank is once again making plans to grow crops this year to help alleviate hunger in our world. In 2018, FOCUS raised over \$187,500 for the Canadian Food Grains Bank which after matching contributions from the Government of Canada raised \$937,500 to help with world hunger. Donations to help with inputs can be made out to FOCUS and sent to Tony Peters, RR #2, Box 37, Portage la Prairie. MB R1N 3A2. Receipts available for donations of \$20 or more. If you have questions or want more information, talk to Dave Falk (204-856-6626).



Fiddlin' Around... with The Scott Woods Band



The Scott Woods Band will be here at Trinity, **Thursday, May 16** at 7:00 p.m. Tickets are \$30/adult, \$15/child and can be purchased through the office.

This new uplifting 2-hour Branson-style live show features lots of fun fiddle tunes in the style of Don Messer, Graham Townsend and Al Cherny, as well as Traditional Country and Gospel songs that reflect the music and values of the past. A variety for all tastes and ages, this fast-paced family show will keep everyone entertained with Scott's keen

wit and his prowess on the fiddle, along with sweet harmonies, smooth vocals, yodeling, sensational step dancing, family humour, inspirational stories, and of course, Scott's famous trick fiddling – front and back somersaults and walking on a barrel - all while playing his fiddle!

Fiddlin' Around is sure to delight all ages, so invite your family and friends! Tickets also make a great gift idea –



whether it's for mother's day, father's day, or simply just because, there's something for everyone to enjoy.

Games Night in the Park!

Monday, June 17 at 6:00 p.m. (meet at the park) \$3/person and includes a picnic supper. Make sure you bring your ball glove and mosquito repellent.



UCW Unit C invites you to consider purchasing "Ooh La La" petunia plants that will flower well beyond your garden.

The proceeds will enable a select group of children in the "Chance to Grow" program to participate in sports, music and other nurturing activities. A small amount will also come

back to the church. \$5/plant or 10 for \$45. Orders will be taken through

the Trinity office or Unit C members until May 17. Flowers should be picked up at Trinity on May 23 between 10 a.m. -1p.m. Cheques payable to Trinity United Church.

Hospital Visits



Trinity's ministers are pleased to visit you while in hospital, but they can't do so

unless they know you are there. If you would like the ministers know that you are in hospital so they can look in on you when they are at the hospital, please have someone contact the church.

This summer our joint worship services will focus on spiritual practices for growing our faith. Here is another one: **Spending** Time in Nature. North Americans spend 90% of their time indoors. Being outside is good for us physically, emotionally, and spiritually. Spending time in creation can connect us more fully to our Creator. For a period of time, what if you committed to spending some time outside every single day?



Do you want to support Trinity but don't have any cash to put in the offering plate? We can receive etransfers to

trinityu@mts.net or you can donate via credit or debit card by following the link on our website

trinityunitedportage.ca Thanks for all the ways that our supporters contribute to our life and work.

What's for Dinner? Sunset Palliative Care & Portage Service for Seniors **Ukrainian Supper Friday, May 31** 5:30 p.m. Royal Canadian Legion (275 Duke Ave) Perogies, cabbage rolls, kielbasa, dessert, buns, tea & coffee Cash Bar provided by Royal Canadian Legion #65 Rainbow Auction

Tickets \$15 each and available at Portage Service for Seniors Office (165 Saskatchewan Ave)

Takeout available with ticket purchase.

