

# Trini Tidings 2020



## Lent/Easter

### Trinity United Church Portage la Prairie, MB

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*Trinity Mission Goal:*

"Open our hearts and minds  
to welcome each person  
as a child of God."

## Ecumenical

### Good Friday Worship

Please join us at St. Mary's  
Anglican Church  
(36 – 2<sup>nd</sup> St SW)  
**Friday, April 10**  
**10:30 a.m.**

This is a shared worship  
service with the Anglican and  
United Churches in  
Portage la Prairie.  
*All are welcome.*



To thank Trinity for sharing their  
beautiful space with us,  
Big Brother, Big Sisters  
invites you to a

## "We Appreciate Trinity"

### Lunch

**Sunday, April 19**  
**following worship**

Come and enjoy soup, salad,  
biscuits & dessert.  
Donations are welcome.



## COMING UP IN SUNDAY WORSHIP at TRINITY

*Sunday Services and Sunday  
School at 10:30 a.m.*

**March 22, 2020**

Lent 4

"Rehearsing for Resurrection -  
Practicing Taking Action"

**March 29, 2020**

Lent 5

"Rehearsing for Resurrection -  
Practicing Encouragement"

**April 5, 2020**

Lent 6

Palm Sunday

"Rehearsing for Resurrection -  
Practicing Trust"

**April 10, 2020**

Good Friday worship  
at St. Mary's Anglican

**April 12, 2020**

Easter Celebration with  
Confirmation & Communion

**April 19, 2020**

"Easter Experiences"

**April 26, 2020**

"Doubt and Belief  
in our Modern World"

**May 3, 2020**

"Called to be the Church"

**May 10, 2020**

"What kind of stone are you?"

## Easter

This year our Easter celebration  
will include confirmation of  
some of the young  
people who have  
been gathering  
and growing in  
faith together. We  
look forward to a  
festive celebration  
of new life! Join  
us on **Sunday, April 12!**  
Worship begins at 10:30 a.m.  
but refreshments will be  
available in the sanctuary any  
time after 9:45 a.m.



Oh hello  
Spring

## Trinity's Special Events Calendar

**"Saskia & Darrel:  
The Great Plains" Concert**  
Thursday, March 26  
7:00 p.m.

### Kurdish Dinner & Dance Fundraiser

Saturday, April 4  
5:00 – 9:00 p.m.

### UCW Cookie Sale

Sunday, April 5  
following worship

### Saturday Breakfast

Saturday, April 18  
8:30 – 10 a.m.

### BBBS Appreciation Lunch

Sunday, April 19  
following worship

### Ukrainian Nursery School

**Art Show Exhibit**  
Saturday, April 25  
1:00 - 3:00 p.m.

### Prairie Sounds Highlights Concert

Sunday, April 26  
7:00 p.m.

### Saturday Breakfast

Saturday, May 9  
8:30 – 10 a.m.

### Mindfulness Presentation/Workshop by Keith MacPherson

Tuesday, May 12  
7:00 p.m.

### Saturday Breakfast

Saturday, June 13  
8:30 – 10 a.m.

## In case you were wondering about Trinity's investments...

Submitted by  
The Stewardship Team

### Making sense of funds vs. investments:

Not all funds are in separate bank accounts or separate investments. However, all funds are listed or tracked separately on our balance sheet and money received, spent or increases and decreases in value of each fund are tracked. Each fund has a purpose that it was set up for. A specific fund may have rules or guidelines as to how to spend it or on what it can be spent. All funds can be put into one bank account and invested. Our investment committee has decided to put some of our investments in longer term, potentially higher return accounts while keeping some investments in short term, lower return accounts that can be used by the church more quickly.

Our investment committee is made up of representatives from the Trustees and the Leadership Team and is tasked with monitoring how our investments are doing and making recommendations to the Leadership Team about what kinds of investments we should be making (longer or shorter term, rates of return, level of risk, etc.) and how we should be using the proceeds of our investments.

The Finance Team consisting of the Treasurer, the Office Administrator, a representative from Leadership Team and one of the ministers prepares a budget for our annual expenses based upon what the expected income is from contributors and what amount should come from investment income. This

budget is presented to the Leadership Team and then to the congregational annual meeting for approval.

### Our Funds Explained:

Manse Fund – This fund was established when the Trinity manse was sold many years ago. It is currently part of our long-term investments. The Prairie to Pine Region has recently removed the need for Regional approval to spend the principal. That means these funds are available to be spent for ministry as we see fit.

Building Fund – This fund is used to pay for expenses related to the maintenance and upgrading of our historic building.

Memorial Fund – Donations to this fund are received primarily in memory of loved ones who have died. Unless otherwise specified, any donation received in memory of someone will be placed in this fund. This fund can be used for Worship and Christian Education purposes.

Organ Fund – This fund is set aside for the maintenance and repair of our organ.

Chimes Fund – This fund is set aside for the maintenance and repair of the chimes. It is currently in our long-term investments.

Unspecified Bequest Fund – As the name suggests, this is money that we have received from the estates of supporters. There are no restrictions on the use of this fund and it has been used in recent years for deficit funding as well as for major capital projects (i.e. repairing the roof, replacing the lift, etc.).

Investing in Our Future Fund – This fund began with a large donation that we decided to

invest with the goal to grow our capital more effectively. While we are not restricted from spending the capital of this fund should we so need, the intention was that we would allow this capital grow and to earn income for us to defray our expenses in the future and not touch the principal until we had depleted other unrestricted funds.

Marquerite Matilda (Bunnie) Muhly Bequest – This fund was set-up through a restricted bequest. It is currently in its own investment so that we can allocate half the proceeds from it each year to Mission and Service and half to the Unspecified Bequest Fund.

Greening of the Church Fund – This fund is available for projects that help Trinity reduce our environmental footprint.

Junior Choir Fund – This fund is available for music and other resources to support our Junior Choir Music program.

Future Projects – This fund is available for any project that we might like to do that we might not do because we didn't have the money.

Games Night – This fund supports our Games Night outreach ministry.

Benevolent Fund – This fund helps us to reach out to those in need in our community.

Val Garlick Fund – This fund was set-up from a bequest. The intention with this fund is that it will be available for support of the operating budget. A portion of the 2018 deficit was taken from this fund.

UCW Fund – These funds are raised by and spent at the discretion of the United Church Women.

## The Great Plains in Concert



A Canadian folk duo made up of Saskia and Darrel Delaronde – will be performing at Trinity United Church **March 26 at 7 p.m.**, where their blend of folk, Celtic, bluegrass and gospel flavour will be on display.

Enjoy a heart-warming show filled with music, merriment, and mayhem as Saskia and Darrel deliver a fun blend of music and an unpredictable series of songs that change every time you see them.

They delight their audience with tales about grain elevators, war brides, patchwork quilts, and history makers such as Louis Riel and David Thompson. They will share some sweet songs about their own spiritual journey plus they might break into Swiss yodeling, or sing in Gaelic, Dutch, German or French.

Great Plains are a veteran touring act with an easy, crowd-friendly style that instantly endears them to any audience. This is true Canadiana; real songs, drenched in our culture and heritage delivered in comfortable highly skilled sets with oodles of self-poking humour. A taste of Celtic, a dab of Bluegrass, a touch of folk all wrapped around extremely beautiful melodies.

The duo performs throughout Canada and western Europe and have cultivated an

immense following – winning over their fans one town, one hall at a time.

Tickets are \$20 and available at the church and at the door. For more information please contact

Sylvia at 204-857-4475 or the church office at 204-857-4471.

For more information visit [www.thegreatplains.ca](http://www.thegreatplains.ca)

**Are you reading this?** If so, we need your help. We want to know whether people are opening their digital version of the newsletter, or just leaving it in their email inbox unopened. We want to know whether the paper copy gets read or thrown in a recycle bin unopened. So, please tell us if you've seen this box. If you are reading this electronically, you can Control +Click this box and reply that you have seen it. Or send us an email. Or message by carrier pigeon – we're not fussy! Regardless, thanks for reading the newsletter!

On the second Sunday of every month, we collect food at Trinity for the Salvation Army Food Bank. We also collect toiletries (towels, small soaps, shampoos, sanitary supplies, toothpaste, towels, etc.) for the Family Violence Abuse Prevention Centre (women's shelter) at the same time. You are encouraged to bring food or toiletries with you to leave in the bins in the entryway of the church.



Thanks for your support of these important community outreach projects.

## Bereavement Walking Support Group



is sponsoring a Bereavement Walking Support Group starting **Wednesday April 1, 2020** for people who have lost a loved one. If you are grieving the loss of someone special you will know that the death of a loved one brings emotional turmoil to you the survivor(s). It is one of the most stressful of all life's changes & requires many adjustments in one's life.

The goal of the Bereavement Support Group is to provide emotional, physical and spiritual support in a comfortable atmosphere; to provide information and expand knowledge about grief as well as some fresh air and exercise.

The Bereavement Walking Support Group will be held Wednesdays at 6:30 pm at the Lion's Club Community Centre at Island Park behind Splash Island. The meetings will run for **8 weeks from April 1 to May 20, 2020**. To register or for more information please contact Sunset Palliative Care facilitator Ethel-Mae at 204-857-6904.



**Giving Goals for  
March & April  
\$27,787  
Please help!**



## Trinity's Memorial Fund

In the song by Alan Menken and Tim Rice called "How does a moment last forever?"

Celine Dion sings:

*How does a moment last forever*

*How can a story never die*

*It is love we must hold onto*

*Never easy, but we try*

*Sometimes our happiness is captured*

*Somehow our time and place stand still*

*Love lives on inside our hearts*

*And always will ....*



*Minutes turn to hours*

*Days to years, then gone*

*But when all else has been forgotten*

*Still our song lives on*

*How does a moment last forever*

*When our song lives on*

The Trinity Memorial Fund seeks to honour the life and faith of loved ones in ways that keeps their songs alive. We thank God for the lives of these faithful people, in whose memory we have received donations since November 2019.

*Marjorie Malanchuk*

*Clarice Brown*

*Lorena Pogue*

*Roy Tibbett*

*Ed Mazur*

*Ken Yuill*

*Marie Linden*

*Hamilton & Audrey Sullivan*

*Jean Mutala*

*Lloyd & Cheryl Green*

*Doug Rosin*

*Marg & Wally Pehura*

*Irene Cochrane*

*Sigrid Larkins*

*Jack Graham*

*Gifts were also received to Local in memory of Clarice Brown, Jake Kok, & David Guy.*

*A gift to the Give Us a Lift Fund was*

*received in memory of Irene*

*Cochrane,*

*and a gift also to the*

*Mission & Service*

*Fund was*

*received in memory of Joan*

*Saunders, Margaret Walsh &*

*Jeanne Saunders. In memory*

*of Verna Blight, a gift was*

*received to Trinity's UCW.*

*received in memory of Joan Saunders, Margaret Walsh & Jeanne Saunders. In memory of Verna Blight, a gift was received to Trinity's UCW.*

### Living on the Edge: A Poverty Experience Wednesday, May 6, 5:30 p.m.

Cost is \$20 and you must register in advance. Please call: 204-872-3407 or email [2020PovertyConference@mts.mail.ca](mailto:2020PovertyConference@mts.mail.ca)

A unique group experience designed to provide a glimpse into what life might be like for families living in low-income situations. Imagine not knowing how you will be able to pay your bills, keep food in the refrigerator, a roof over your head, keep your kids out of trouble and in school, find a safe place for your kids to go after school while you are at work or maybe even while you look for work.

All of these real life struggles are brought to the forefront of what someone will experience while participating in this Poverty Simulation Experience. When you hear something, you forget it. When you see something, you remember it. But not until you do something will you understand it.

We are pleased once again to host the **Prairie Sounds Music Festival** here from Monday, April 20 through Friday, April 22. Feel free to stop in and enjoy fine entertainment from some of Portage's talented young musicians. Their highlight concert will be here at Trinity on **Sunday, April 26** at 7 p.m. and everyone is welcome.

If you are leaving or arriving for a function during this time, please enter the building quietly if possible (noise in the stairwells tends to carry to upstairs).



### Games Night

Games night continues to be enjoyed on a regular basis. Our next three events are **March 23, April 27 & May 25**. Our Picnic the Park will follow in June.

Prizes especially enjoyed are ornaments, mugs, note pads and CDs. We also have personal care products that some prefer.



Our volunteers have been very reliable, and our evening of fun and games much enjoyed.

We've not yet set a date for baptism this spring, but if there's interest, please be in touch with Julie or Beth as soon as possible.



## Rehearsing for Resurrection

At Trinity this Lenten season, we are exploring the concept of practicing. Some of you may be following our weekly reflections online or in print. Each week we have been offering a different invitation to practice. So far this year we have explored practicing awareness, practicing lament, and most recently (March 15), practicing imagination. Here's what's coming up for the rest of Lent!

### Lent 4 (March 22)

#### Practicing Taking Action

As we live into the way of resurrection, we need to make choices and take steps to bring life to our dreams for ourselves and the world. Taking creative action requires practice. This week we identify small, concrete things that we can do to prepare for resurrection.

### Lent 5 (March 29)

#### Practicing Encouragement

Change doesn't happen in an instant and resurrection is not always easy. We all need to be lifted up and supported along the way. This week we practice building on another up with love and encouragement.

### Lent 6 (April 5)

#### Practicing Trust

In our journey towards Easter, much remains unknown. Things don't always work out the way we hope. Fear and despair can grip us along the way. As we journey into Jerusalem with Jesus and prepare to walk through Holy Week, we practice trust knowing that Good Friday is not the end of the story.

## UPDATE 2020

Trinity Funerals & Baptisms  
since the  
November 2019 TriniTidings  
**Funerals**

*Martin "Donald" Chimney*  
November 22, 2019

*Eva "Clarice" Brown*  
November 25, 2019

*Marie Helen Linden*  
December 16, 2019

*Irene Cochrane*  
January 6, 2020

*Grace Janet Young*  
January 6, 2020

*Verna Claire Wilson*  
January 27, 2020

*Bryan Dale Larkins*  
February 22, 2020

### **Baptisms**

*Yvonne Saavedra*  
January 12, 2020

## Are you on P.A.R.?



Have you thought about making your church

donation by P.A.R. (Pre-Authorized Remittance)? Through PAR, automatic monthly withdrawals are made from your bank account. PAR is easy to set up, simply email or call Jacquie at the church office (trinityu@mts.net or 204-857-4471) or come in some day during office hours (9-12 or 1-4), and she will walk you through the process. If you are already on PAR, don't forget that you can increase or decrease your PAR donation by contacting the office any time.

*Save the date* – The UCW is having a cookie sale following worship on **Sunday, April 5.** Come and pick your own. \$5/dozen.



Southern Health – Sante Sud is pleased to present  
**The Kairos Blanket Exercise**  
**Thursday, May 5**  
**5:30 p.m. at Canad Inns**

This event is free of charge, but has a limit of 50 participants, accepted in order of registration. Register through email by phone at 204-872-3407 or at [2020PovertyConference@mts.mail.ca](mailto:2020PovertyConference@mts.mail.ca)



The KAIROS Blanket Exercise program is a unique, participatory history lesson – developed in collaboration with Indigenous Elders, knowledge keepers and educators – that fosters truth, understanding, respect and reconciliation among Indigenous and non-Indigenous peoples. In the blanket exercise, participants walk on blankets representing the land and into the role of First Nations, Inuit and Métis peoples by reading scrolls and carrying cards which ultimately determine their outcome as they literally 'walk' through situations that include pre-contact, treaty-making, colonization and resistance. Participants are guided through the experience by trained facilitators and Indigenous Elders or knowledge keepers. The Exercise concludes with a debriefing, conducted as a 'talking circle', during which participants discuss the learning experience, process their feelings, ask questions, share insights and deepen their understanding.

To learn more about the blanket exercise, see <https://www.kairosblanketexercise.org/>

## Hospital Visits

Trinity's ministers are pleased to visit you while in hospital, but they can't do so unless they know you are there. If you would like the ministers to know that you are in hospital so they can look in on you when they are at the hospital, please have someone contact the church.

If you would like a visit as soon as possible, you can also ask a family member, friend or someone

from the hospital staff to call the church and Julie or Beth

will know that you would like one of them to come by as soon as they are able.



**Kurdish Dinner & Dance Fundraiser** to help bring the Bakr's daughters and their

families from Turkey, **April 4 from 5 - 9 here at Trinity.**

Tickets can be purchased through the church office or by calling Paula 204-872-0533 or Tirzah 204-871-2087.

Donations are welcome as well.

## Saturday Breakfasts Back Again!

Who doesn't love the Saturday breakfasts? Maybe those of you who haven't been to one yet! They return on **Saturday, April 18.** Come and join us any time between 8:30 a.m. – 10:00

a.m. and get a good start to your day. Cost is by donation and everyone is welcome.



The Portage Ukrainian Nursery School  
**8th Annual Art Show**  
**Saturday, April 25**  
1-3 p.m.

Trinity Auditorium  
All are invited to their 8th Annual Art Show and Auction on Saturday, April 25 from 1-3 p.m. Come and enjoy the children's creations. Some small and large art pieces will be available for sale if you'd like to brighten a spot in your home or office.

### ***The Greta Thunberg Effect:***

Manitobans have something to learn from a Swedish teenager – Manitoba Sustainable Energy is holding their 2020 Conference on **April 8 in Morden, MB. Early Bird Registration (up to and including March 27, 2020) - \$50 (\$30 for students).** The day includes a keynote speaker and various workshops on

sustainable energy. For more information or to register, check out:

<https://sites.google.com/manse.a.org/web/2020-annual-conference?authuser=0>

## Connecting online



Find us through our webpage [www.trinityunitedportage.ca](http://www.trinityunitedportage.ca), at our Facebook page, or in our active Facebook Group – Trinity United Church, Portage la Prairie. Our youtube channel is Trinity Portage, at this link: <https://www.youtube.com/channel/UCifQQLFZrDcGyY-J3xjDoKA/videos>

You can also follow us on Instagram at trinityportage, and our Twitter handle is @ChurchPortage.

## Save the Date!

The stewardship team invites you to save **Tuesday, May 12 at 7 p.m.** for a presentation/workshop here at Trinity by **Keith MacPherson** on Mindfulness. Details are still being worked out but you don't want to miss this great opportunity to mark your calendar now.



Keith Macpherson is a Mindfulness Coach, Speaker, and Author. Join him to discover how to bring more meaning and depth into your life. Keith's popular keynotes and workshops, along with his live yoga classes are often packed with hundreds of people and downloaded thousands of times online. He has spent over twenty years touring globally as a speaker and professional musician.

With a down to earth personality and charismatic charm, Keith has a special ability to connect with people from all backgrounds. To learn more about Keith, see [www.keithmacpherson.ca](http://www.keithmacpherson.ca)

Lenten Concert Series  
**Hosted by and held at**  
**St. Mary's la Prairie**  
**Anglican Church**

Concerts from 12:10-12:30  
*Lunch available following concert for \$8*

March 18

McKenzie United Church

March 25

MacGregor United Church

